

Court Ordered Programs Inc.

Court Ordered Classes



A Probation Department Approved Program Provider

Parenting / Co-Parenting Program Course Curriculum

Policy

To establish the goals and objectives by which the Court Ordered Programs pursues its day to day operation. Court Ordered Programs implements the following policy of goals and objectives:

To provide a safe, confidential, therapeutic and professional environment where clients can receive services which meets their needs. To consistently implement all appropriate Federal and State standards that apply. To provide group from appropriately licensed/certified staff. To utilize a clinical team of State licensed, certified professionals to evaluate and establish an individualized treatment plan for each client. To provide the highest quality treatment possible. To consistently apply performance improvement and outcome measures to ensure quality treatment is monitored and maintained. To assist clients in attaining healthy and productive lives free of the negative influences and consequences. To have clients improve their functioning level in their communities and with their families, and, to have clients will develop appropriate tools, support systems and continue interaction with these systems post discharge. It is hoped that the skills learned during this program will last a lifetime.

Parenting / Co-Parenting Program Outline

INTAKE will be completed upon Program enrollment. Groups are available daily.

1. How to Stop Enabling & Start Empowering Kids
2. Enforce Consequences When Kids Violate Limits
3. Negotiable and Nonnegotiable Rules
4. The Lessons of Discipline
5. Learning to Parent Our Children and Ourselves
6. Hunger for Stimulation, Recognition & Certainty
7. Nurture: The Gentle Side of Care
8. Assertive Care and Supportive Care
9. When Love Doesn't Stick
10. Nurturing Other Adults and Ourselves
11. When Parents Disagree About Rules
12. Structure; What It Is and Why We Need It.
13. Structure, Shame and Victim Blame
14. Growing Up Again; A Story of Change
15. Overindulgence
16. The Hazards of Overindulgence
17. Why Parents Overindulge
18. What to do Instead of Overindulging
19. Denial
20. Four Levels of Discounting
21. Stop the Many Ways of Discounting
22. Problem Solving
23. Becoming
24. Ages and Stages
25. Tools for Family Growth
26. Tools for Personal Growth
27. Review of Enabling & Empowering Children
28. Enforcing Consequences Revisited
29. Using Rules as Structure Tools
30. What Does Your Family Teach About Rules
31. When to Take a Personal Time-Out
32. How Nurture and Structure Work Together
33. "This Isn't How I Thought it Would Be"
34. Revisiting the 6 Nurture Positions
35. Helping Children Accept Love
36. Personal Rules For Love
37. Managing Stress
38. Stress Buster Project
39. Finding Agreement on Major Rules
40. Revisiting The Structure Chart
41. Messages that Support Structure
42. Growing Up Again; Discipline
43. Misguided Nurturing
44. Mistaken Decisions
45. Self Survey
46. Things You Really Need in Your Life
47. Angers Many Faces
48. When Anger is Good
49. Stress Buster Project part 2
50. Thinking Ahead Reminders
51. Tips for Successful Parenting
52. Exiting Essay

Arsen Samvelian
Commissioner
O. Nardos
Program Director

Adheres to the standards of State Penal Code Sections under the components of the Parenting / Co-Parenting Program.

All State Acceptances and Certificates can be found on our Corporate Website - www.cop-i.com

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