Court Ordered Programs Inc.

Court Ordered Classes



A Probation Department Approved Program Provider Alcohol Awareness Program Course Curriculum

Policy

To establish the goals and objectives by which the Court Ordered Programs pursues its day to day operation. Court Ordered Programs implements the following policy of goals and objectives:

To provide a safe, confidential, therapeutic and professional environment where clients can receive services which meets their needs. To consistently implement all appropriate Federal and State standards that apply. To provide group from appropriately licensed/certified staff. To utilize a clinical team of State licensed, certified professionals to evaluate and establish an individualized treatment plan for each client. To provide the highest quality treatment possible. To consistently apply performance improvement and outcome measures to ensure quality treatment is monitored and maintained. To assist clients in attaining healthy and productive lives free of the negative influences and consequences. To have clients improve their functioning level in their communities and with their families, and, to have clients will develop appropriate tools, support systems and continue interaction with these systems post discharge. It is hoped that the skills learned during this program will last a lifetime.

Alcohol Awareness Program Outline

INTAKE will be completed upon Program enrollment. Groups are available daily.

- 1. Am I an Alcoholic
- 2. Common Traits of Alcoholism
- 3. Coping With Using Urges
- 4. Alcohol Facts and Statistics
- 5. Substance Abuse and Intimate Relationships
- 6. The Effects of Alcohol on the Body
- 7. Chronic Diseases & Conditions Related to Alcohol Use
- 8. Economic Costs of Excessive Alcohol Use
- 9. Alcoholism Stages
- 10. Class 10 Questionnaire
- 11. Alcoholism in Depth Report
- 12. Effects of Alcoholism on Families
- 13. Depression

- 14. Replace False Beliefs with the Real Truth
- 15. A Lifelong Job
- **16.** Session 16 Questionnaire
- 17. Alcohol Addiction
- 18. Alcohol Awareness; Anger Survey
- 19. Handling Alcohol Effectively
- 20. Stress Buster Project
- 21. Dealing With Emotions Part One
- 22. Dealing With Emotions Part Two
- 23. Dealing With Emotions Part Three
- **24.** Identify, Qualify and Share
- 25. Where Are You Now
- 26. Still Struggling?

Arsen Samvelian Commissioner O. Nardos Program Director

Adheres to the standards of State Penal Code Sections under the components of the Substance Abuse Program. All State Acceptances and Certificates can be found on our Corporate Website - www.cop-i.com

Court Ordered Classes - Court Ordered Programs Inc. - Tel: (661) 312-0392