

Court Ordered Programs Inc.

Court Ordered Classes



A Probation Department Approved Program Provider

Domestic Violence / Batterers Intervention Program Course Curriculum

Policy

To establish the goals and objectives by which the Court Ordered Programs pursues its day to day operation. Court Ordered Programs implements the following policy of goals and objectives:

To provide a safe, confidential, therapeutic, and professional environment where clients can receive services which meets their needs. To consistently implement all appropriate Federal and State standards that apply. To provide group from appropriately licensed/certified staff. To utilize a clinical team of State licensed, certified professionals to evaluate and establish an individualized treatment plan for each client. To provide the highest quality treatment possible. To consistently apply performance improvement and outcome measures to ensure quality treatment is monitored and maintained. To assist clients in attaining healthy and productive lives free of the negative influences and consequences. To have clients improve their functioning level in their communities and with their families, and, to have clients will develop appropriate tools, support systems, and continue interaction with these systems post discharge. It is hoped that the skills learned during this program will last a lifetime.

Domestic Violence / Batterers Intervention Program Outline

INTAKE will be completed upon Program enrollment. Groups are available daily.

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| 1. Domestic Violence / BIP Survey | 23. Student Questionnaire Classes 21 and 22 | 45. Resentment to Forgiveness |
| 2. Dynamics of Domestic Criminality | 24. Defusing Anger by Managing Stress | 46. Dealing with Emotions Part 1 |
| 3. Magnitude of Domestic Crimes | 25. Stress Buster Project | 47. Dealing with Emotions Part 2 |
| 4. Demographic Features Family Violence | 26. Nonviolence vs. Power and Control | 48. Dealing with Emotions Part 3 |
| 5. Student Questionnaire Class 2, 3 and 4 | 27. Batterers and Anger Survey Revisited | 49. Stress And Its Effects |
| 6. House Of Abuse | 28. Handling Anger Effectively | 50. All About YOU |
| 7. The Power and Control Wheel | 29. Anger And Assertiveness | 51. Character Defects |
| 8. Victims of Family Violence | 30. Managing Conflict | 52. Exiting Essay |
| 9. Domestic Fatalities | 31. Nonthreatening Behavior vs. Intimidation | |
| 10. Class 10 Questionnaire | 32. Respect vs. Emotional Abuse | |
| 11. The Red Flags of Anger | 33. Life Throws Us Curves | |
| 12. Trauma And Anger | 34. Trust and Support vs. Using Isolation | |
| 13. Battered Women | 35. Explaining Family Violence and Child Maltreatment | |
| 14. Marital Rape and Sexual Factors | 36. Symptoms of Domestic Crimes | |
| 15. Battered Men | 37. Inmates and Intimate Violence | |
| 16. Student Questionnaire Class 13-15 | 38. Prisoners and Child Abuse | |
| 17. Self-Talk and Personal Stories | 39. Strategies in Response to Domestic Crimes | |
| 18. The Broken Mirror | 40. Student Questionnaire Classes 37, 38 and 39 | |
| 19. Elderly Abuse | 41. Negotiation and Fairness | |
| 20. Sibling Abuse and Parent Abuse | 42. Use of Coercion and Threats as Tactic of Control | |
| 21. Child Maltreatment | 43. Cycle of Family Violence | |
| 22. Child Abuses, Incest & Victimization | 44. Cognitive Distortions | |

Syllabus Created 6/2007
updated 3/2014
updated 9/2019

Arsen Samvelian
Commissioner
O. Nardos
Program Director

Adheres to the standards of State Penal Code Sections under the components of the Domestic Violence/Batterers Program.

All State Acceptances and Certificates can be found on our Corporate Website - www.cop-i.com

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