Court Ordered Programs Inc.

Court Ordered Classes



## A Probation Department Approved Program Provider Family / Intimate Partner Violence Intervention Program Course Curriculum

## Policy

To establish the goals and objectives by which the Court Ordered Programs pursues its day to day operation. Court Ordered Programs implements the following policy of goals and objectives:

To provide a safe, confidential, therapeutic, and professional environment where clients can receive services which meets their needs. To consistently implement all appropriate Federal and State standards that apply. To provide group from appropriately licensed/certified staff. To utilize a clinical team of State licensed, certified professionals to evaluate and establish an individualized treatment plan for each client. To provide the highest quality treatment possible. To consistently apply performance improvement and outcome measures to ensure quality treatment is monitored and maintained. To assist clients in attaining healthy and productive lives free of the negative influences and consequences. To have clients improve their functioning level in their communities and with their families, and, to have clients will develop appropriate tools, support systems, and continue interaction with these systems post discharge. It is hoped that the skills learned during this program will last a lifetime.

## Family Violence / Intimate Partner Violence Intervention Program

INTAKE will be completed upon Program enrollment. Groups are available daily.

- 1. Family Violence / IPV Survey
- 2. Dynamics of Domestic Criminality
- **3.** Magnitude of Domestic Crimes
- 4. Demographic Features Family Violence
- 5. Student Questionnaire Class 2, 3 and 4
- 6. House Of Abuse
- 7. The Power and Control Wheel
- 8. Victims of Family Violence
- 9. Domestic Fatalities
- **10.** Class 10 Questionnaire
- 11. The Red Flags of Anger
- 12. Trauma And Anger
- 13. Battered Women
- 14. Marital Rape and Sexual Factors
- 15. Battered Men
- 16. Student Questionnaire Class 13-15
- 17. Self-Talk and Personal Stories
- 18. The Broken Mirror
- 19. Elderly Abuse
- 20. Sibling Abuse and Parent Abuse
- 21. Child Maltreatment
- 22. Child Abuses, Incest & Victimization

- **23.** Student Questionnaire Classes 21 and 22
- **24.** Defusing Anger by Managing Stress
- 25. Stress Buster Project
- **26.** Nonviolence vs. Power and Control
- 27. Batterers and Anger Survey Revisited
- **28.** Handling Anger Effectively
- **29.** Anger And Assertiveness
- **30.** Managing Conflict
- **31.** Nonthreatening Behavior vs. Intimidation
- 32. Respect vs. Emotional Abuse
- 33. Life Throws Us Curves
- **34.** Trust and Support vs. Using Isolation
- **35.** Explaining Family Violence and Child Maltreatment
  - 36. Symptoms of Domestic Crimes
  - 37. Inmates and Intimate Violence
  - 38. Prisoners and Child Abuse
  - **39.** Strategies in Response to Domestic Crimes
  - 40. Student Questionnaire Classes 37, 38 and 39
  - **41.** Negotiation and Fairness
  - 42. Use of Coercion and Threats as Tactic of Control
  - **43.** Cycle of Family Violence
  - 44. Cognitive Distortions

Arsen Samvelian Commissioner O. Nardos Program Director

Syllabus Created 7/2014

updated 4/2018

updated 2/2020

**45.** Resentment to Forgiveness

46. Dealing with Emotions Part 1

47. Dealing with Emotions Part 2

48. Dealing with Emotions Part 3

49. Stress And Its Effects

50. All About YOU

**52.** Exiting Essay

**51.** Character Defects

Adheres to the standards of State Penal Code Sections under the components of the Domestic Violence/Batterers Program. All State Acceptances and Certificates can be found on our Corporate Website - www.cop-i.com

Court Ordered Classes - Court Ordered Programs Inc. - Tel: (661) 312-0392