

Court Ordered Programs Inc.

Court Ordered Classes



A Probation Department Approved Program Provider

High-Conflict Parenting / Divorce Program Course Curriculum

Policy

To establish the goals and objectives by which the Court Ordered Programs pursues its day to day operation. Court Ordered Programs implements the following policy of goals and objectives:

To provide a safe, confidential, therapeutic and professional environment where clients can receive services which meets their needs. To consistently implement all appropriate Federal and State standards that apply. To provide group from appropriately licensed/certified staff. To utilize a clinical team of State licensed, certified professionals to evaluate and establish an individualized treatment plan for each client. To provide the highest quality treatment possible. To consistently apply performance improvement and outcome measures to ensure quality treatment is monitored and maintained. To assist clients in attaining healthy and productive lives free of the negative influences and consequences. To have clients improve their functioning level in their communities and with their families, and, to have clients will develop appropriate tools, support systems and continue interaction with these systems post discharge. It is hoped that the skills learned during this program will last a lifetime.

High-Conflict Parenting / Divorce Program Outline

INTAKE will be completed upon Program enrollment. Groups are available daily.

1. Taking Stock of Your Situation
2. An Introduction to Parenting Agreements
3. Getting Organized
4. How to Negotiate a Parenting Agreement
5. Building Your Agreement
6. Basic Elements
7. Finishing Touches
8. Serious Issues
9. Special Circumstances
10. The Parenting Agreement
11. Beyond Your Parenting Agreement
12. Making Mediation and Arbitration Work for You
13. Dealing With Changes in Your Agreement
14. Understanding Your Children's Needs
15. Multiracial, Multicultural, & International Families
16. Nontraditional Families
17. Defusing Anger By Managing Stress
18. Stress Buster Project
19. Handling Anger Effectively
20. High Conflict Parenting - Anger Survey
21. How to Stop Enabling and Start Empowering Kids
22. Enforcing Consequences When Kids Violate Limits
23. Negotiable and Nonnegotiable Rules
24. The Lessons of Discipline
25. Tools for Family Growth
26. Tools for Personal Growth
27. Learning to Parent Our Children and Ourselves
28. The Hunger for Stimulation, Recognition, and Certainty
29. Nurture; The Gentle Side of Care
30. Assertive Care and Supportive Care
31. When Love Doesn't Stick
32. Nurturing Other Adults and Ourselves
33. When Couples Disagree about Rules
34. Structure - What It Is and Why We Need It
35. Structure, Shame, and Victim Blame
36. Growing Up Again - A Story of Change
37. Overindulgence
38. The Hazards of Overindulgence
39. Why Parents Overindulge
40. What to Do Instead of Overindulging
41. Denial
42. Four Levels of Discounting
43. Stop the Many Ways of Discounting
44. Problem Solving
45. Becoming
46. Ages and Stages
47. Anger's Many Faces
48. When Anger is Good
49. Stress Buster Project part 2
50. Things You Really need In Your Life
51. Tips for Successful Parenting
52. Exiting Essay

Arsen Samvelian
Commissioner
O. Nardos
Program Director

Adheres to the standards of State Penal Code Sections under the components of the Parenting / Co-Parenting Program.

All State Acceptances and Certificates can be found on our Corporate Website - www.cop-i.com

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