

# Court Ordered Programs Inc.



## Court Ordered Classes

A Probation Department Approved Program Provider

### Shoplifting - Theft Prevention Program Course Curriculum

#### Policy

To establish the goals and objectives by which the Court Ordered Programs pursues its day-to-day operation. Court Ordered Programs implements the following policy of goals and objectives:

To provide a safe, confidential, therapeutic and professional environment where clients can receive services which meets their needs. To consistently implement all appropriate Federal and State standards that apply. To provide group from appropriately licensed/certified staff. To utilize a clinical team of State licensed, certified professionals to evaluate and establish an individualized treatment plan for each client. To provide the highest quality treatment possible. To consistently apply performance improvement and outcome measures to ensure quality treatment is monitored and maintained. To assist clients in attaining healthy and productive lives free of the negative influences and consequences. To have clients improve their functioning level in their communities and with their families, and, to have clients will develop appropriate tools, support systems and continue interaction with these systems post discharge. It is hoped that the skills learned during this program will last a lifetime.

### Shoplifting - Theft Prevention Program Outline

INTAKE will be completed upon Program enrollment. Groups are available daily.

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|---|--|---------------------------------|
| 1. Intake and Program Introduction        | 23. Replace False Beliefs with The Real Truth  | 45. Anger & Assertiveness       |
| 2. Shoplifting Addiction or Disorder?     | 24. Ongoing Support                            | 46. Managing Conflict           |
| 3. Shoplifters Statistics                 | 25. Your Job for Life                          | 47. Turn Anger into Forgiveness |
| 4. Arrested: What You Need to Know        | 26. Mid or End Course Survey                   | 48. When to Take a Time-Out     |
| 5. How to Avoid Stores                    | 27. Revisiting Behavior                        | 49. Cognitive Distortions       |
| 6. Common Triggers and Ways to Cope       | 28. Revisiting Mental Disorder                 | 50. Log Your Thinking           |
| 7. The Dangers of Transferring Addictions | 29. Absent-Minded                              | 51. The Broken Mirror           |
| 8. Gray Areas and Dishonest Behaviors     | 30. Path Toward Recovery                       | 52. Exiting Essay               |
| 9. Counselor Questionnaire                | 31. Temptations                                |                                 |
| 10. 12 Steps & Recovery                   | 32. Revisiting Triggers                        |                                 |
| 11. Life Happens: A Quiz                  | 33. Coping Skills                              |                                 |
| 12. Dealing with Emotions part I          | 34. Revisiting Dishonest Behaviors             |                                 |
| 13. Dealing with Emotions part II         | 35. Self-Assessment Questionnaire              |                                 |
| 14. Dealing with Emotions part III        | 36. Personal Inventory                         |                                 |
| 15. Your Big Secret                       | 37. How Would You React Now?                   |                                 |
| 16. Who Are You?                          | 38. Stress And Its Effects                     |                                 |
| 17. Life Throws Us Curves                 | 39. Foundational Insights                      |                                 |
| 18. Things You Really need In Your Life   | 40. Revisiting our Emotions 1st Section        |                                 |
| 19. Trust                                 | 41. Revisiting our Emotions 2nd Section        |                                 |
| 20. Your Guidance System                  | 42. Revisiting our Emotions 3rd Section        |                                 |
| 21. Respect The Things Around You         | 43. Character Defects                          |                                 |
| 22. Depression: A Result of Anger         | 44. Change Your Life by Changing Your Thinking |                                 |

**Edward Abasta**

Clinical Director

**O. Nardos**

Program Director

Adheres to the standards of State Penal Code Sections under the components of all our Provided Programs.

Referral Forms and State Acceptances & Certificates can be found on our Corporate Website - [www.cop-i.com](http://www.cop-i.com)

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